

BOOKER T. WASHINGTON JR. HIGH TRACK CLASSIC

7TH-8TH -9TH BOYS AND GIRLS



Thursday April 2, 2015

~~~Coaches that attend the Booker T. Washington meet (1) MUST notify the host of their intent to compete at least 3 days prior to the meet and, (2) each team that attends the meet MUST have all athletes registered entered on TRACKROSTER.COM at least 3 days prior to competition.

On behalf of the Tulsa Public School System, we extend to you and your teams a sincere invitation to participate in our Junior High School Boys and Girls Track and Field Meet. We have a brand new track surface. The following will give you the information you need for this meet.

ENTRY FEE: \$85.00 for each boys and girls team. \$15.00 per individual if less than four (4) members on a team. NO REFUNDS. Make checks payable to Booker T. Washington High School Track. Mailing address: ATTN: Greg Nash Booker T Washington High School 1514 E Zion St Tulsa, OK 74106

TIME: All teams report Booker T. Washington Field House by 10:00 a.m. for coaches meeting. Field events will begin at 10:30 a.m. Running events will begin at 11:30 a.m.

DIVISIONS: There will be six (6) divisions 7th boys and girls, 8th boys and girls, and 9th boys and girls.

LIMITATIONS: Each contestant is limited to four (4) events, including relays and field events. Each school is limited to three (3) entrants in each events and one (1) team in each relay. Three (3) throws will be in the shot, discus, and three (3) jumps in the long jump.

MEDALS: Awarded to 1st, 2nd, and 3rd place in all events.

TEAM POINTS: Awarded to 1st thru 6th places (10-8-6-4-2-1) in individual events and in relays (20-16-12-8-4-2).

EQUIPMENT: Booker T. Washington will furnish all starting blocks to contestants 1/4" or shorter spikes are required.

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY

We hope that you and your teams can be with us for this track meet.

Greg Nash Head Boys and Girls Track and Field Coach

Email: nashgr@tulsaschools.org School: (918) 925-1068 Cell: (918) 638-1525

BOOKER T. WASHINGTON JR HIGH TRACK CLASSIC
7TH, 8TH, & 9TH
BOYS AND GIRLS

FIELD EVENTS

10:30

High Jump	7B-8B-9B-7G-8G-9G
Long Jump	7G-8G-9G-7B-8B-9B
Shot	7G-8G-9G-7B-8B-9B
Discus	7B-8B-9B-7G-8G-9G
Pole Vault	9B-8B-7B-9G-8G-7G

TIME FINALS

11:00

3200 relay	Girls-Boys
100 hurdles	Girls
110 hurdles	Boys
400 relay	Girls-Boys
800 run	Girls-Boys
100 dash	Girls-Boys
400 dash	Girls-Boys
800 relay	Girls
1600 run	Girls
300 hurdles	Girls
300 hurdles	Boys
1600 run	Boys
1600 relay	Girls-Boys

Coaches Meeting will begin at 10:00 a.m.