

**CHISHOLM HIGH SCHOOL**  
**BOYS and GIRLS**  
**INVITATIONAL TRACK and FIELD MEET**  
**APRIL 17, 2015**

Chisholm High School will be hosting their High School Boys and Girls Invitational Track and Field Meet on Friday, April 17, 2015. We are very proud and excited to have the opportunity to display and use our new athletic facilities. We have a seven (7) lane rubberized, synthetic surface track along with an electronic timing system. We are having two (2) divisions: 4A and down Girls and Boys. This should be a great meet.

We will follow the State Association regulations and the following will apply:

- There will be two (2) divisions (4A-Below) girls, boys.
  - Only four (4) events may be entered by one contestant.
  - Each team may enter three (3) contestants per individual event and one (1) team per relay event.
  - Points will be scored 10-8-6-4-2-1 and will double for relays.
  - Five (5) medals will be awarded in each event. Plaques will be awarded to the first place teams in the boys and girls divisions.
  - An entry fee of \$80.00 per division or \$160.00 for both boys and girls teams will be charged. \$15.00 per individual, up to 4.
  - Make checks out to Chisholm Public Schools. No refunds
  - This is a Rosters ONLY meet.
  - Entries are to be completed online using [ENDUROENTRIES.COM](http://ENDUROENTRIES.COM) (previously TrackRoster). Phone or faxed entries will not be accepted.
  - If you do not already have an account with ENDUROENTRIES (TrackRoster) you will need to visit the website ([www.enduroentries.com](http://www.enduroentries.com)) and select "Setup New Account" in the upper left hand corner.
  - You MUST complete the following steps:
    - (1) set up your account and a team for "Track",
    - (2) add the desired meet to your on-line schedule;
    - (3) enter the desired athletes in the desired meet
  - Schools MUST have rosters entered on [www.enduroentries.com](http://www.enduroentries.com) by April 15, 2015
  - ¼" or less spikes will be required in the running and jumping events. Violation of this rule may result in disqualification.
  - Contestants will be heated on the field for the preliminaries and placed according to times in the finals. Seven (7) athletes will qualify for the finals.
  - Athletes will not be allowed on the field unless they are warming up or competing at the time.
  - Coaches will meet at **11:00 am**. Field events will begin at **11:30 am**. Preliminaries will begin at **12:00 pm**. We will take a thirty (30) minute break after the 200 meter dash before starting the finals.
  - A concession stand will be open.
  - Admission will be: Adults-\$3.00 and Students-\$2.00
  - If you have any questions, please contact:  
Joey Reinart (School) (580) 237-5512 x 443, Cell (405) 880-4921  
**E-mail** [jreinart@chisholm.k12.ok.us](mailto:jreinart@chisholm.k12.ok.us)  
Mike Karnes (School) (580) 237-5512 x 404, Cell (918) 533-4003  
**E-mail** [mkarnes@chisholm.k12.ok.us](mailto:mkarnes@chisholm.k12.ok.us)
- Results will be posted at [www.ohstrack.com](http://www.ohstrack.com)

**Boys & Girls  
Longhorn Relays  
April 17, 2015**

**Order of Events:**

**Field Events: 11:30 a.m.**

Contestants will have three (3) attempts to qualify for the finals. The top seven (7) will advance to the Finals and be awarded an additional three (3) attempts in the long jump, shot put, and discus throw. Please understand if we have a lot of shot & discus throwers qualifying lines will be used in both events.

Shot Put-----Boys, Girls

Discus-----Girls, Boys

Long Jump-----Girls, Boys

High Jump-----Boys, Girls

Pole Vault-----Girls, Boys

**Preliminaries: 12:00 p.m.**

**(7 to finals)**

400 relay-----Girls, Boys

3200 relay Final-----Girls, Boys

100 hurdles-----Girls

110 hurdles-----Boys

100 dash-----Girls, Boys

3200 run Final-----Boys

800 relay Final-----Girls, Boys

3200 run Final-----Girls

200 dash-----Girls, Boys

**Finals (about 5:00 p.m.)**

400 relay-----Girls, Boys

800 run-----Girls, Boys

100 hurdles-----Girls

110 hurdles-----Boys

100 dash-----Girls, Boys

400 dash-----Girls, Boys

300 hurdles-----Girls, Boys

200 dash-----Girls, Boys

1600 run-----Girls, Boys

1600 relay-----Girls, Boys