

# Come Run with the Hornets

## Booker T. Washington

### Cross-Country Invitational

- **DATE** Thursday, September 19, 2024
- **TIME** 3:30 p.m.-5:30 p.m.
- **LOCATION** O'Brien Park  
6149 North Lewis Ave.  
Tulsa, Ok.
- **SCHEDULE**
  - 3:15 COACHES MEETING**
  - 3:30 VARSITY GIRLS**
  - 4:00 VARSITY BOYS**
  - 4:30 JV GIRLS**
  - 5:00 JV BOYS**
  - 5:30 MIDDLE SCHOOL GIRLS**
  - 6:00 MIDDLE SCHOOL BOYS**

*\*Next race will start immediately following previous race.*

- **DISTANCE**

Varsity Girls	5000 Meters
Varsity Boys	5000 Meters
JV Girls	5000 Meters
JV Boys	5000 Meters
Middle School Girls	3200 Meters
Middle School Boys	3200 Meters
- **AWARDS**

Varsity Medals	Top 15	Boys & Girls
JV Medals	Top 15	Boys & Girls
Middle School	Top 10	Boys & Girls
Team Plaques	1 <sup>st</sup> , 2 <sup>nd</sup>	Varsity Division
- **ENTRY FEES**

Varsity Division	7 Team Members-Top 5 Score
JV Division	Unlimited Entry-No Team Score
	\$100.00 per team \$200 Both Teams (Girls & Boys)
MS Division	\$80.00 per team

Individual runners \$15.00

*\*Please make checks payable to BTW Cross Country*

**All Entries should be done through Enduro at [www.endurousa.com](http://www.endurousa.com)**

- **MAIL TO** Greg Nash Cross-Country Coach  
Booker T. Washington High School  
1514 E. Zion St.  
Tulsa, Ok. 74106
- **ELIGIBILITY** All OSSAA GUIDELINE rules apply.
- **QUESTIONS** Greg Nash, BTW Head Coach  
School-918.925.1068  
Cell-918.638.1525
- **DEADLINE** September 21, 2022

### **Entry Form**

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PLEASE COMPLETE AND RETURN WITH PAYMENT.

**SCHOOL:**

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**COACH NAME:** \_\_\_\_\_ **PHONE:**

**DIVISIONS:** *Please Circle*

Varsity Girls	JV Girls	MS Girls
Varsity Boys	JV Boys	MS Boys