

KIEFER TROJANS CROSS-COUNTRY

Middle School / Elementary Meet – Saturday. September 14th

**LOCATION: 4600 West 151st Street South
Kiefer, OK 74041**

8:30 am – Coaches Meeting

8:45 am – 1 mile – 6th grade and under (top 15 medal, all participants receive a ribbon)

9:00 am – 1 mile– 6th grade and under (top 15 medal, all participants receive a ribbon)

Elem Races will be a running race clock only. No bibs or chips. Spotters will be at the finish line/chute for race results.

All middle school races will have bibs and be timed by I:40 Racing Service.

Results will be posted within minutes of finish.

9:20 am – 7th Grade Girls (2400 meters) top 15 medal

9:40 am – 7th Grade Boys (2400 meters) top 15 medal

10:00 am – 8th Grade Girls (2400 meters) top 15 medal

10:20 am – 8th Grade Boys (2400 meters) top 15 medal

Entry Fee: Make checks payable to “Kiefer Public Schools”

MS – \$50 per team | Individual - \$10

Elementary – \$5 per runner

All Middle School team rosters must be submitted through ENDURO by **Wednesday, September 11th by 11:59 pm @ www.runenduroussa.com**

***Elementary runners do not need to be submitted**

Please email or call for any questions

Colton Loomis: 918-408-0422 | cloomis@kiefer.k12.ok.us

Nadenna LaVarnway: 580-399-2074 | nlavarnway@kiefer.k12.ok.us

Please contact Martin Updike at martin@i40raceservice.com

918-577-1965 with any roster questions.