

31ST ANNUAL JH ALL-STAR XC CHAMPIONSHIPS

PLACE: Chickasha, OK (new course) Approx 35 minutes south of the previous OKC course on I-44. --- [Chickasha Sports Complex](#)
900 E. Grand, Chickasha, OK 73018 - (visible from the interstate)

DATE: Thursday - October 17TH & Friday - October 18TH --- 2024

ON-LINE ENTRIES All students **MUST** be entered on-line at: www.endurouza.com

REGISTRATION Registration Fee for participants will be **\$15.00**, and they will receive a custom designed “All-Star” Championship T-Shirt.

Registration Fees MUST Be Received On Or Before
OCT 12TH (FRIDAY) TO RECEIVE A SHIRT.

On-line Entries Deadline: October 12TH @ 10 PM.
(SATURDAY)



WHO IS

ELIGIBLE: This race is only for students in grades 5-6-7-8 or below. **NO 9TH graders can compete.**

THURSDAY, OCT. 17TH

DIVISIONS & SCHEDULES: **8:45 A.M. - COACHES MEETING**

9:00 A.M. - 1A - GIRLS.....2400 meters (30 medals)
9:25 A.M. - 2A - GIRLS.....2400 meters (30 medals)
9:50 A.M. - 3A - GIRLS.....2400 meters (30 medals)
10:15 A.M. - 4A - GIRLS.....2400 meters (30 medals)
10:40 A.M. - 1A - BOYS.....2400 meters (30 medals)
11:05 A.M. - 2A - BOYS.....3200 meters (30 medals)
11:30 A.M. - 3A - BOYS.....3200 meters (30 medals)
11:55 A.M. - 4A - BOYS.....3200 meters (30 medals)

FRIDAY, OCT. 18TH

9:00 A.M. - COACHES MEETING

9:15 A.M. - 5A GIRLS.....3200 meters (30 medals)
9:40 A.M. - 6A GIRLS.....3200 meters (30 medals)
10:05 A.M. - 5A BOYS.....3200 meters (30 medals)
10:35 A.M. - 6A BOYS.....3200 meters (30 medals)

****PLEASE BE EARLY --- RACES WILL START FIVE (5) MINUTES AFTER EACH RACE****

TEAM AWARDS: Custom Team plaques awarded to the Top 2 Teams in each division.

--- Team Champion and Team Runner-up ---

Custom championship medals to the top 30 runners in each race.

Runners 1-10 receive custom gold medal - 1st Team All-Star

Runners 11-20 receive custom silver medal - 2nd Team All-Star

Runners 21-30 receive custom copper medal - 3rd Team All-Star

RULES:

1. ONLY 5-6-7-8th graders and below are eligible to compete.
2. Each school can have unlimited runners in the championship race.
Five Runners will count for Team scoring.
3. A school team must be made up of runners from the same school - - -
- NO taking runners from other schools. (They must enter as individuals.)
4. The Top 5 Runners will compete for team points with 6th & 7th runners as pushers.
5. **This is a USATF sanctioned meet. (USATF membership is NOT required.)**
6. Each student **MUST** submit an Official Meet Waiver – signed by his/her parent.

ALL STUDENTS MUST BE ENTERED ON-LINE AT:
WWW.ENDUROUSA.COM



MAIL REGISTRATION FEES & the OFFICIAL (signed)
MEET WAIVER (below) --- **BEFORE Oct 12TH** to:
J & T RUNNING ASSOCIATION
2401 Valley View Drive cell # 405-863-3308
CHICKASHA, OK 73018 fax # 405-224-3441
e-mail: thechristiancenter@sbcglobal.net
MAKE CHECKS PAYABLE TO: J & T RUNNING ASSOCIATION
Do not enter your student on-line until AFTER you've mailed his/her Registration Fee & Meet Waiver.

ON-LINE ENTRY DEADLINE: (All Students) www.JHCHAMPIONSHIPS.com
OCTOBER 12TH, 2024 @ 10:00PM - - - Saturday deadline
NO RACE DAY ENTRIES - - - - - NO EXCEPTIONS!!!

★ **OFFICIAL MEET WAIVER** - - - (PARENT MUST SIGN)

STUDENT'S FIRST & LAST NAME: _____ GRADE: _____
--- PRINT ALL OF THIS INFORMATION CLEARLY. --- IF IT IS NOT EASY TO READ IT WILL BE RETURNED UNPROCESSED. ---

SCHOOL: _____ CLASS: _____ MALE _____ FEMALE _____

(ADULT SIZES ONLY)

COACH: _____ SHIRT SIZES: (circle one) S M L XL

OFFICIAL MEET WAIVER (This waiver **MUST** be signed by the student's parent.)

Waiver of Claim in consideration of acceptance of entry. --- I (undersigned) assume full and complete responsibility for any injury or accident which may occur to my child while attending and/or competing in the Jr. High Cross Country Championships. I (as the legal parent or legal guardian) hold harmless the following (but not limited to): J&T Running Association, ENDURO USA Online, USATF, The City of Chickasha (Parks and Recreation), all other sponsors, promoters, coordinators, volunteers and entities associated (either directly or indirectly) with this event, from any and all injury or damage incurred by my student, whether it be caused by negligence of the sponsors, promoters, coordinators, volunteers or other persons or entities associated either directly or indirectly with this event. It is further agreed, J&T Running Association, and The ENDURO Group, LLC will be allowed to use and reproduce my child's name and/or likeness (including photographs, video tapes, etc.) and/or information concerning my child and to circulate the same for any and all purposes in any manner without obligation or liability to J&T Running Association and/or The ENDURO Group, LLC, or those affiliated with J&T Running Association and/or The ENDURO Group, LLC. I also certify all information submitted as part of this Official Meet Waiver is completely accurate, and when submitted (signed) becomes and shall remain the sole property of J&T Running Association.

PARENT'S

SIGNATURE: _____ DATE: _____

DEADLINE FOR RECEIVING REGISTRATION FEES AND ALL SIGNED WAIVERS:
OCTOBER 14TH, 2024 (Send to: J&T Running Association)

DEADLINE FOR ON-LINE ENTRIES - SATURDAY - OCTOBER 12TH @ 10:00PM
ALL STUDENTS MUST BE ENTERED ON-LINE AT: WWW.ENDUROUSA.COM