

EDMOND NORTH CROSS COUNTRY

DATE: Thursday, September 12, 2024

PLACE: Mitch Park, Kitefest Lane, Edmond, OK

Cross Country Mixed Relay: The relay meet will be run in the same format as the World Athletics Cross Country Championships Mixed Relay, with teams of two boys and two girls running a two kilometer loop before handing off to the next runner.



Please contact coach Mathews or Pletan, Bryan.Mathews@edmondschools.net, Andrew.Pletan@edmondschools.net, for questions or to confirm entry.

Starting times:

- 9:00 AM: JV Boys (or mixed) relays
- 9:40 AM: JV Girls relays
- 10:30 AM: Varsity Mixed Relays
- 11:30 AM: Girls Junior High Traditional Race (1.5 mile)
- 12:00 PM: Boys Junior High Traditional Race (1.5 mile)

SCHOOL AWARDS: 1st and 2nd place plaques for each race division

INDIVIDUAL AWARDS: Medals for top three relay teams and top 20 in JH races

RESTROOMS AND DRESSING: Portable bathrooms and limited park bathrooms will be available.

\$5 Spectator Entry

ENTRIES: Team Entries \$100 for single gender/JV entry, \$200 for unlimited relay entries

PLEASE SEND ENTRY FEES TO: Edmond North High School Cross Country Booster Club