



CCS Cross Country Invitational



Saturday, September 14th, 2024

Location: Community Christian School Activity Center - 5300 Interstate Dr, Norman OK 73072

Cross Country Course is south of the CCS Baseball Field (see map attached)

Parking is in the paved CCS Activity Center parking lot north of the baseball field.

ON-LINE ENTRIES- Coaches must submit all entries on the ENDURO USA™ website: www.endurousa.com. — **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** — **ONLINE ENTRIES DEADLINE: SEPTEMBER 13TH AT NOON.** Complete ALL the steps on the “Entries Window”. Make sure to “VERIFY”. **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your ENDURO USA™ account, please email your questions to jhughes@elginps.net.

MEET TIMING & RESULTS- RFID Chip Timing for the meet is provided by 12:1 Running Timing Services. Live results are available at www.twelve1running.com.

Entry Fee: \$90 for High School teams
\$60 for Junior High teams
\$15 per individual (up to 4 individuals)

Mail or bring check payable to:

CCS (memo: XC Coach)
3002 Broce Dr
Norman, OK 73072

Contact: Email Coach Downing to confirm entry at ccsxctf@ccsroyals.com.

Check-In: Bring a copy of the printed ENDURO Entries in exchange for team/coaches’ packet and bib numbers.

Gate Fee: \$3 per spectator or \$5 per family

Concession stand available and merchandise for sale.

Awards: Medals to the top 20 in each race. Team Champion plaques will be awarded in JH & HS Varsity divisions.

Schedule: All races after the first race will be run on a rolling schedule.

8:00 COACHES’ MEETING - BY THE STARTING LINE

8:55 JV/VARSITY GIRLS 2 MILES

9:15 JV/VARSITY BOYS 5K

8:15 JH GIRLS (7TH-8TH GRADE) 1.5 MILES

8:35 JH BOYS (7TH-8TH GRADE) 2 MILES

*If entries exceed course capacity, races will be divided into Small Schools and Large Schools.

5K Course:

- Mile 1
- Mile 2
- Mile 3



2 Mile Course:

- Mile 1
- Mile 2



1.5 Mile Course:

- Mile 1
- 1/2 Mile



**Community Christian School
Activity Center
5300 N Interstate Drive
Norman, OK 73072
Cross Country Course**



**Overflow
Parking
Will be
South
Of the
Complex**