

Claremore Zebra

Claremore Lake Cross Country Meet

- DATE:** Friday, August 30th, 2024
- TIME:** Coaches meeting starts at 8:45 a.m. First race starts at 9:00a.m.
- LOCATION:** Claremore Lake
E.Lowery Rd
Claremore, OK 74017
- REGISTRATION:** ONLINE MEET REGISTRATION: 1. Entries are to be complete online using ENDUROUSA.COM, Phone or faxed entries will not be accepted. If you do not already have an on-line entry account, you will need to visit the new "ENDURO" website (www.enduroussa.com). After you set up your account, you must UPGRADE your account to "Coach of Record (school meets)". The blue button to upgrade is in the upper-right hand corner of the Home Page. After you upgrade, click on "My Roster List" and continue. (1) Setup - - - then UPGRADE your ENDURO USA account so you can add your school and desired roster(s); (2) After you upgrade, click on "My Roster List" (left side of Home Page) to find your rosters and add students" (3) Add the meet to your schedule (Main Roster window) and enter your students. Deadline for entering is: The deadline is Thursday, August 29th at 12pm.
- DIRECTIONS:** Take Highway 66 to Blue Star drive, turn right on Blue Star, Go to the stop light, continue to go straight to the stop sign, go straight thru the stop sign for $\frac{3}{4}$ of a mile and the round-up (rodeo) entrance will be on the left. **Drop your athletes off and park the bus in the lot for the round-up (rodeo grounds).**
- DIVISIONS:** H.S. Boys (7 members), H.S. Girls (7 members), J.V. Boys (unlimited), J.V. Girls (unlimited), J.H. Girls (unlimited), J.H. Boys (unlimited). Junior high is 8th and below.

DISTANCE: 5A-6A Boys and Girls 5K, 4A and Below Boys 5K and Girls 2 mile. All Junior High will be 2 miles.

ENTRY FEE: \$90 varsity girls, \$90 varsity boys (J.V. Free with varsity fee)
\$75 J.H. girls, \$75 J.H. boys
\$15per runner if less than 7 runners

AWARDS: Top 30 receive medals in Varsity, J.V. and J.H.
First place team in varsity division will receive a plaque.

SCHEDULE: 8:45 Coaches Meeting at Finish Line
9:00 H.S. Girls Varsity and Junior Varsity (5K)
9:30 H.S. Boys Varsity and Junior Varsity (5K)
10:00 Girls Varsity and Junior Varsity (2Mile)
10:30 J.H. Girls (2mile)
11:00 J.H. Boys (2mile)

CONTACT: Eric Wiens
Head Cross Country Coach
E-Mail- Ewiens@claremore.k12.ok.us
School: 918-923-4211
Cell: 918-261-0197

PAYMENT: Have all checks made out to:
Claremore Cross Country
201 E. Stuart Roosa
Claremore, OK 74017