

Oklahoma Bible Academy

Cross Country Regional

Class 1A, 3A and 2A

Saturday, October 26, 2024

LOCATION: Meet will be held at **OKLAHOMA BIBLE ACADEMY CROSS COUNTRY COURSE** in Enid (5913 W. Chestnut Ave.)

TIME & DISTANCE	1A Coaches' Meeting	Finish Line Area	8:30 A.M.
	1A Girls	3200 Meters	9:00 A.M.
	1A Boys	5000 Meters	9:45 A.M.
	1A Awards Presentation	Home Bleachers	10:30 A.M.
	3A Coaches' Meeting	Finish Line Area	10:15 A.M.
	3A Girls	3200 Meters	10:45 A.M.
	3A Boys	5000 Meters	11:30 A.M.
	3A Awards Presentation	Home Bleachers	12:15 P.M.
	2A Coaches' Meeting	Finish Line Area	12:00 P.M.
	2A Girls	3200 Meters	12:30 P.M.
	2A Boys	5000 Meters	1:15 P.M.
	2A Awards Presentation	Home Bleachers	2:00 P.M.

AWARDS Top 15 Individual Places
Team Plaque for 1st Place

REGISTRATION OF CROSS-COUNTRY TEAMS—INSTRUCTIONS

On-line Entry will open Friday October 18th @ 5:00 PM and will close Wednesday October 23rd @ 11:59 PM. All entries must be completed on-line at: www.ok.milesplit.com . (Complete All Steps.) Please enter your TEAM (athletes, up to 7 runners / 6 for 1A) before the deadline. If you have questions regarding your milesplit account, please contact ok.milesplit.com.

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Oklahoma Bible Academy, Enid, Oklahoma 73703
School Phone----- (580) 242-4104
Cell Phone----- (580) 791-1309

Ticket Prices (ENCOURAGE YOUR FANS TO BUY ONLINE TICKETS BEFORE THEY GET TO THE GATE) Regionals - \$7.00 + \$1.35 Fee for Online or \$10.00 Cash Ticket.

The link for the Regional and State Cross Country Meet online tickets can be found on the home page of www.ossaa.com .

1A Run only 6 or less runners in the race.

3A, 2A Run only 7 or less runners in the race.

Place the assigned competition number on the back of the left hand of the runner.

Each runner should be wearing a matching uniform (singlet and shorts) if they are on a team of 5-7 or 4/6 runners. They should be school approved uniforms.

Undergarments do not have to match.

Run within 6 feet of the marked line on the course.

Place team camps outside the roped areas.

No spectators on the football field during the awards presentation.

Please help keep your spectators off the course and outside roped areas and remind them not to run with a competitor during the competition.

Remind runners not to obstruct other runners during the race.



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Regional Cross Country-General Information

All visiting team buses will park in the area between the football field and baseball field. (See Map) Enter through the main entrance, travel south through the parking lot and enter the parking area between the metal buildings.

Please stress to your parents the digital ticket process used by the OSSAA.

Digital tickets are \$7.00 + \$1.35 fee

Cash ticket at the gate is \$10.00

See map for tent/camp set up location east of the starting line.

Awards will be presented at the Football Stadium.

Concessions will be available.

Head Master: Andy Wilkins

Athletic Director: Jay Mendenhall

Assistant Athletic Director: Alan Ford aford@oklahomabible.com

Head Coach: Jim Coleman jcoleman@oklahomabible.com



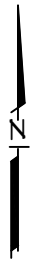
Cross Country Meet



MIDDLE SCHOOL BOYS
HIGH SCHOOL GIRLS

3200 METERS

For Results See:
OHSTRACK.COM



HIGH SCHOOL BOYS

5000 METERS

For Results See:
OHSTRACK.COM

