

Welcome to the 13<sup>th</sup> annual Titan Invitational. Due to the excessive heat the past couple of years, we have moved our start time two hours earlier than past meets. Safety for the athletes is our primary concern. The last race is schedule for 2A-4A at 11:30 am.

We will be using chip timingand there are multiple races. Please select the correct race when registering your athletes. Thank you again for coming.

Timing provided by ENDURO Timing. All team entries must be completed online at <a href="www.endurousa.com">www.endurousa.com</a>. If you do not already have an on-line entry account, you will need to visit the "ENDURO" website (www.endurousa.com). After you set up your account, you must UPGRADE your account to "Coach of Record (school meets)". The blue button to upgrade is in the upper-right hand corner of the Home Page. After you upgrade, click on "My Roster List" and continue.

7:30 a.m. - 5A/6A Coaches meeting

7:45 a.m. –Elite Girls 5K

8:15 a.m.- EliteBoys 5K

8:45a.m. – 5A/6AVarsity Girls 5K

9:15am - 5A/6A Junior Varsity Girls 5K

9:45am. –5A/6A Varsity Boys 5K

10:15 am. –5A/6A Junior Varsity Boys 5K

10:30 am - 2A/3A/4A Coaches Meeting

11:00 am – 2A/3A/4A Varsity and JV Girls 3200m (Separate V/JV medals at the finish line)

11:30 am – 2A /3A/4A Varsity and JV Boys 5K (Separate V/JV medals at the finish line)

**LOCATION:** The XC course is located behind the Carl Albert Middle School next to the high school football stadium. The MS address is 2515 S. Post Rd. Midwest City, Ok. Restrooms and concessions stand will be available.

**ENTRY FEES**: \$80.00 per each High School team entered (girls and boys are separate entry fees). \$100 if running all 3 divisions per gender. \$200 max if running both genders in all 3 races.

## Make check out to Carl Albert Cross Country

2009 S. Post Rd.

Midwest City, Oklahoma 73130

**AWARDS**: Individual (Elite, Varsity and J.V.) medals for top 20places in each race.

**Contact Information:** 

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