

Sweetwater

Cross Country Invitational
Saturday, September 10, 2022

We would like to extend an invitation to the Sweetwater Cross Country meet 2022. The meet will be ran on Saturday, September 10, 2022. The course is located at the Sweetwater Athletic Complex, ½ mile west of the School on E. 1110 road.

The following divisions are going to be ran with the coaches meeting at 8:30 at the concession stand.

High School Boys	5K	9:00
High School Girls	3200	9:30
7/8 Boys	3200	9:55
7/8 Girls	3200	10:20
Elem Boys	1600	10:45
Elem Girls	1600	11:10

Run times are approximate and will start at the conclusion of the preceding race.

Entries: \$70 per team / \$15 per individual up to 4 runners
Please make checks out to Sweetwater Schools.

Awards: Top 7 in each division receive medals

We are limiting the field this year to only 12 teams. The list of runners needs to be emailed by September 7, 2022, so we can have the name tags ready when you arrive. Please include contact information in case of inclement weather.

Contact information: Doug Daffern, School 580-534-2272, Cell 806.268.1370, email ddaffern@sweetwater.k12.ok.us