

# Sequoyah High School

16405 S. 4180 Rd.  
Claremore, OK 74017

## 9th Annual Cross Country Meet Saturday, August 28, 2021

**Location:** Behind Mid High and High School campus which is located 4 miles north of Claremore on highway 66. Park in east parking lot of Mid High.

<u>Schedule:</u>	<u>Time:</u>	<u>Distance:</u>
Coaches Meeting	8:40	Starting Line
Elementary Girls	8:45	1900M
Elementary Boys	9:00	1900M
Middle School Girls	9:15	1900M
Middle School Boys	9:30	1900M
9 <sup>th</sup> -10 <sup>th</sup> Girls	9:45	1900M
11 <sup>th</sup> -12 <sup>th</sup> Girls	10:00	1900M
9 <sup>th</sup> -10 <sup>th</sup> Boys	10:15	3200M
11 <sup>th</sup> -12 <sup>th</sup> Boys	10:45	3200M

\*Times on the races are approximates. Races will start when the preceding race ends.

**Awards:** Individual medals given to the top 20 in every division.

**Course:** Course will be in a field with gentle terrain and a few trees. Course maps will be available that morning at check in at 8:00 A.M.

**Entry Fee:** High School Teams / \$60 per team (\$110 for both Boys and Girls)  
Middle School Teams / \$45 per team (\$80 for both Boys and Girls)  
Individual Runners / \$10 each Middle School Individuals / \$5 each  
Elementary Runners / \$3 each

**\*If entering Boys and Girls Middle School and High School divisions/ \$170**

**Concession:** There will be a small concession stand with drinks and snacks.

**Entry Deadline:** There is no entry deadline. We would like you to e-mail us your roster so we will know how many runners to expect by August 25.

**Meet Director:** Brad Holt Cell Phone: (918)605-0201  
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