

CARL ALBERT STATE COLLEGE & POTEAU HIGH SCHOOL CROSS COUNTRY MEET THURSDAY, OCTOBER 15TH

WHERE - Carl Albert State College - Poteau, Oklahoma

SCHEDULE -

8:00	College/Open Men and Women - 5K
9:00	Middle School Girls - 2 Mile
9:30	Middle School Boys - 2 Mile
10:00	Elementary Boys and Girls Fun Run - 1 Mile
10:15	High School Girls - 2 Mile
10:45	High School Boys - 5K

ENTRY FEES -

High School Teams / \$55 per team (\$100 for both Boys and Girls)
Middle School Teams / \$40 per team (\$70 for both Boys and Girls)
Individual Runners / \$10 each Middle School Individuals
If entering Boys and Girls Middle School and High School divisions/ \$150

CONTACT -

Race Director - Tom Brennan - 918-658-0478 brennant@poteau.k12.ok.us

ENTRIES - Please use endurouza for entries. Deadline - October 12th - 3:30 pm - Make Checks payable to Poteau High School Athletics, 100 Pirate Lane, Poteau, OK 74953 918-647-7700