Broken Arrow Tigers XC Meet 2018

Date: Saturday, September 8

Location and Course:

- Oneta Ridge Middle School, 6800 E. Quincy Place, Broken Arrow, OK 74014
- The 5k course consists of two 1.55 mile loops of a grass field situated directly south of the school, across the street.
- EMAIL ME AFTER AUGUST 1 TO GET A COURSE MAP; See below

Schedule:

7:30-8:15 Elementary Registration					
	(Elementary races are passively timed; clock restarts with each scheduled race regardless of finish				
	status)				
8:30	HS & MS Packets Available				
8:00	Elementary Pre K - k	K:1⁄2 mile	unlimited	parents / pacers allowed	
8:10	Elementary 1 st - 2 nd	½ mile	unlimited	parents / pacers allowed	
8:20	Elementary 3 rd - 4 th	1 mile	unlimited	no pacers allowed	
8:35	Elementary 5 th - 6 th	1 mile	unlimited	no pacers allowed	
8:50	Flag Ceremony by BA Air Force JROTC				
9:30	HS Girls V	5 k	7 runners		
10:00	HS Boys V	5 k	7 runners		
10:30	HS Girls JV	5 k	unlimited		
11:10	HS Boys JV	5 k	unlimited		
11:40	MS Girls	1.55 mile	unlimited		
12:00	MS Boys	1.55 mile	unlimited		

Awards:

- <u>Middle & High School</u>: medals to the top 15 in each MS and HS division
- <u>Elementary</u>: medals to the top 5 in each division; participation award to all finishers

Entry Fee:

- HS School Teams: \$60
 - o (or total \$100 for both Girls and Boys; JV teams free with paid Varsity teams)
- MS Teams: \$50 (or total \$90 for both Girls and Boys)
- MS & HS School Individuals: \$5

- o no unattached or club runners allowed in MS or HS races
- Elementary Individuals: \$5
 - Pre K 6th grade; parent/coach sign waiver on arrival
- Make checks payable to BAXC at the meet or send to Broken Arrow Athletics 2200 N.
 23rd St. 74012

Meet Registration: 16 TEAM LIMIT

- High School and Middle School: enter teams and individuals on ENDURO
- <u>Elementary</u>: race day sign-up (coach or parent sign waiver upon arrival).
- RSVP via email as early as possible (School Name and Teams entered) by August 30
- Race timing and online results furnished by Tulsa Runner

Contact Info:	HS Coach Shane Messinger	MS Coach Dean Davis
	smessinger@baschools.org	dfdavis@baschools.org

Parking / Drop Off:

- **<u>Buses</u>** enter via Oneta Road onto Quincy Place, heading east. Drop off athletes and gear just past Oneta Ridge MS.
- To park, continue east around to the side of Highland Park Elementary, park on the street, on the south side of the street. Backfill behind the bus in front of you.
- <u>Spectators</u> enter via Highlands Avenue driving south off 81st street, entering north of Highland Park Elementary. They park only in the Elementary lot, not in the street or any grass.
- The street in front of the schools, Quincy Place, will be blocked between the schools, and will only allow bus passage, and only one-way (east).

<u>Restrooms</u>: portables in the field near the course.

<u>Team Tents</u>: setup in Tent City located in the grass field in the middle of the course, behind the finish line

Concessions: drinks, snacks, and t-shirts on sale via BAXC Booster Club