

2016 5A/6A PRE STATE CROSS COUNTRY MEET

FRIDAY SEPTEMBER 30, 2016

EDMOND SANTA FE HIGH SCHOOL EDMOND, OKLAHOMA

9:45 a.m. – 5A coaches meeting

10:00 a.m. – 5A Varsity girls (5000 meters)

10:20 a.m. – 5A J.V. girls (5000 meters)

10:45 a.m. – 5A Varsity boys (5000 meters)

11:10 a.m. – 5A J.V. boys (5000 meters)

11:45 a.m. – 6A coaches meeting

12:00 p.m. – 6A Varsity girls (5000 meters)

12:20 p.m. – 6A J.V. girls (5000 meters)

12:45 p.m. – 6A Varsity boys (5000 meters)

1:10 p.m. – 6A J.V. boys (5000 meters)

DIRECTIONS: Edmond Santa Fe High School is located @ 1901 SW 15th Street in Edmond. Use the entrance at the traffic light on 15th Street. XC course is on the far north side of the campus. There are NO dressing rooms at the park. Restrooms/concessions stand will be provided.

ENTRY FEES: ***\$70.00 per each team (girls and boys are separate entry fee).J.V. team fees are included in each varsity team entered. NO unattached runners allowed! ONLY OSSAA member schools will participate! ***\$10.00 per runner for teams with LESS than 5 runners! Send entry fees to:

EPSAC

Attention: Athletics

215 W. Danforth

Edmond, Oklahoma 73003

AWARDS: Individual (Varsity and J.V.) medals for top 20 places! Varsity races are team scored and a team championship plaque is awarded! NO J.V. team scores and NO J.V. team awards!

ENTRY DEADLINE FOR VARSITY TEAMS: go to track roster.com to enter each VARSITY TEAM! DEADLINE TO ENTER VARSITY TEAM on line is TUESDAY SEPTEMBER 27, 2016!

MORE INFORMATION NEEDED: Contact Kent Douglas, Edmond North High School Cross Country Coach (405)229-5711 OR kent.douglas@edmondschools.net