

HINTON'S RED ROCK CANYON CROSS COUNTRY MEET

This meet is for schools in 2A cross country only! Limited to 6 teams!!

Coach must call Coach Russ and confirm entry.

Date- Tuesday, September 22, 2015

Location- Red Rock Canyon State Park- south side of Hinton

Divisions- 5th & 6th , Junior High, High School. No jv races.

Cost- \$55 per team/ \$10 per individual. 5th and 6th are free if JH & HS teams run.

Coaches meeting at 4:15 Plaques to Champion and Runner-up teams in HS & JH.

Time	Division	Distance	Medals
4:30	5 th ,6 th girls	1600M	30
4:45	5 th ,6 th boys	1600M	30
5:00	JH girls	2400M	20
5:30	JH boys	3200M	20
6:00	HS girls	3200M	20
6:30	HS boys	5000M	20

Race times are approximate and will start at the conclusion of the preceding race.

Mail checks to: Hinton High School

c/o Dale Russ

PO box 1036

Hinton, OK. 73047

To confirm entry or ask questions text or call Coach Russ at 405-545-0155.

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CALL TO CONFIRM ENTRY!